

**JOIN US AT PHYSICAL THERAPY & BEYOND
FOR
WEIGHT LOSS
INFORMATION**



Are you looking to lose weight?

We can help!

Cindihelpsyouthelpyourself.tsfl.com

DATES TO BE ANNOUNCED

Physical Therapy & Beyond

100 Landing Ave.

SMITHTOWN, NY 11787

(Located right next door to Gold's Gym)

Call 631-361-5111

Beyond Fitness

196 Belle Mead Road

East Setauket, NY 11733

Call 631-941-3535

Call today and get started! Or email!

DebraPTBeyond@optonline.net

Doctor Recommended Clinically Proven Soy-based Weight Loss Program

Eat six times per day No program Fees No Measuring No Kidding!

Personal Coaching to help you achieve your goals!