



July Newsletter



From

Cindi A. Prentiss Lattanzio

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631-361-5111

196 Belle Mead Rd.
East Setauket, NY 11733
631-941-3535

Three Different Facilities... One Complete Package of Health and Wellness!

Physical Therapy & Beyond

Summer is here...

time to start taking care of your body.

TAKE SHAPE FOR LIFE... Looking to lose weight this summer? This program offers our patients a way to get a great start towards their weight loss goals.

If you and your kids are not getting all the fruits and vegetables you need in one day, then you need **JUICE PLUS.**

CALL TODAY TO GET MORE INFORMATION!

631-941-3535 or Email DebraT@PhysicalTherapyBeyond.net

www.PhysicalTherapyBeyond.com



Healing Hands
Massage Therapy, PC
Smithtown, New York - (631) 366-5111
East Setauket, New York - (631) 941-3310

SUMMER MESSAGE MADNESS

All summer long enjoy our massages!

One Hour Massage \$65*

(cash preferred) Reg \$85

Gift Cards Make Great Gifts!

Smithtown: 631-366-5111

East Setauket: 631-941-3310

www.HealingHandsMT.com

*Offer expires: August 31st, 2010



**BEYOND
FITNESS**

SUMMER

SPECIAL

Purchase a One Year Membership* (\$39/month),
and we will waive the start-up fee(Reg. \$99). And receive a
FREE Beyond Fitness gym bag. HURRY IN TODAY!

* Offer expires: August 31, 2010

631-941-BFIT(2348)

www.BeyondFitnessLI.com